



# 16<sup>th</sup> Annual Shannon McNamara Memorial 5k Run/2M Walk



**OCTOBER 30, 2016**

**9:00 AM RUN**

**9:05 AM WALK**

**400M KIDS RACE (FREE)**

**(10 AND UNDER) AFTER RUN/WALK COMPLETION)**

**\$15 ADULTS**

**\$6 HS STUDENTS & YOUNGER**

*Additional \$5.00 fee for race day registration.*

Name \_\_\_\_\_ Age \_\_\_\_\_

**CHECK ONE BOX:**

Competitive Male

Competitive Female

Walker

\_\_\_\_\_ **Bib # (Officials Only)**

Address \_\_\_\_\_  
Street City State Zip

**E-Mail Address**  **(please print legibly)**  
**(very important to include email so we can send you next year's registration form)**

**T-shirt guaranteed for paid registrations received no later than 10/20/16**

**Shirt Size (circle one):** S M L XL XXL

**WAIVER / HOLD HARMLESS AGREEMENT**

\_\_\_\_\_ hereby agrees to protect, defend, indemnify and save harmless and reimburse Township High School District 214, its Board, officers, agents and employees (hereinafter referred to collectively as "Township High School District 214") from and against any and all loss, claims, lawsuits, liability, expenses and attorneys' fees and costs of any kind and nature whatsoever, which Township High School District 214 may incur arising out of or in connection with any claimed damage to, loss or destruction of property or because of claims, demands, lawsuits, actions, settlements, or judgments whatsoever for bodily injury, sickness or disease, including death, sustained by any person resulting from or in connection with or by reason of the use of said Township High School District 214 by me or my guests or invitees, including any such claim or proceeding based in whole or in part on any alleged negligence, strict liability, contribution, indemnity or other allegation against said Township High School District 214 except the sole and exclusive conduct of Township High School District 214. The party intends this indemnification to be given its broadest application to all claims.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 2016. By: \_\_\_\_\_  
Signature (Parent / Guardian if under 18)

Print and send completed form with check / money order to: Mr. Jim Voyles  
Rolling Meadows High School  
2901 W. Central Road  
Rolling Meadows, IL 60008

*Please make checks out to "RMHS – Shannon McNamara"*  
Or sign up online at: <https://www.signmeup.com/116369>